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The Power of Choice April 2007 Youth Survey Results for Alcohol are in! Here are some highlights:

- **92% never drive a vehicle after drinking**
- **84% never ride in a vehicle driven by someone (under 21) who has been drinking alcohol**
- **84% think their parents find alcohol use by teenagers to be "not acceptable"**
- **67% have not consumed alcohol in the past 30 days**

12,097 District 203 & 204 youth surveyed

If you or someone you know needs help visit your School Social Worker, Counselor or Nurse.

Community Resources

Breaking Free
(630) 897-1003 ~ Aurora
(630) 355-2585 ~ Naperville
www.breakingfreeinc.org
DuPage County Health Department
(630) 682-7400
www.dupagehealth.org
Linden Oaks at Edward
630-305-5500
www.lindenoaks.org
Lisle Township Youth & Family Services
(630) 968-2087
www.lisletownship.org
Naperville Police Department
(630) 420-6666
www.naperville.il.us
NCO Youth & Family Service
(630) 961-2992
www.ncoyouth.org
Provena Mercy Medical Center
(630) 859-2222
www.provena.org

Tips...

Resisting spoken and unspoken pressure is the goal. When someone pressures you with words or actions it can be difficult to resist. Most people don't want to risk making others feel bad, but it's important to stand up for yourself and others. Some strategies for dealing with these pressures are:

- Say "**NO**" assertively
- Stand up for others
- Walk away from the situation
- Suggest something else to do
- Remember it's risky—alcohol can be dangerous
- Take a reality check—most teens don't drink

Source: www.thecoolspot.gov

Source: April 2007 survey of all 12,097 District 203 and 204 High School Students - A project of NCO Youth & Family Services, Naperville School District #203, Indian Prairie School District #204, Breaking Free, Inc., the Naperville Police Department, DuPage County Health Department, Linden Oaks Hospital at Edward, Lisle Township Youth & Family Services, Heritage YMCA Group, KidMatter, Provena Mercy Medical Center, and District #203 and #204 Parents and data analysis provided by the University of Illinois Center for Prevention Research and Development. Funded in part by the Department of Human Services.

www.thepowerofchoice.info